

PROGRAM OVERVIEW –

BSA AQUATICS SUPERVISION: SWIMMING AND WATER RESCUE **BSA AQUATICS SUPERVISION: PADDLE CRAFT SAFETY**

The Programs – These two programs are geared toward adults leaders, but are open to youth 16 or older.

Swimming and Water Rescue - Designed to provide leaders with information and skills to prevent, recognize and respond to swimming emergencies during unit swim activities. It expands the awareness instruction provided by Safe Swim Defense training. The BSA recommends that at least one person with the training be present whenever a unit swims at a location that does not provide lifeguards. Training is valid for three years.

Paddle Craft Safety – Expands Safety Afloat training to include skills, as well as knowledge, to prepare a unit leader to confidently supervise canoeing or kayaking excursions on flat water. Training is valid for three years.

Note – All participants must be swimmers. Completion of the certification will require a passing score on a written test at the end of the course.

The Activities & Schedule –

Swimming and Water Rescue will be offered Tue and Wed morning from 9:00 am until lunch. Must attend both days. Activities will include reaching and throwing assists, jump entries, and contact rescues.

Paddle Craft Safety will be offered Tue and Wed afternoon from 2:00 until 4:45. Must attend both days. Activities will include basic canoe skills, turns, paddling, landing, exiting and entering, and capsize drills.

Adults – The aquatics supervision program is open to any scout or scouter age 16 or older.

Fees - No additional fees apply.

Swimming - All participants must pass the swimmers test at Woodruff Scout Reservation before starting either of the two courses.